



Review: Antioxidant Activity Test of Various Types of Mangroves

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DOI: 10.47760/ijpsm.2021.v06i08.003

Abstract

Free radicals are reactive oxygen that have unpaired electrons looking for partners by binding to electron molecules in the vicinity. Free radicals can cause several degenerative diseases such as diabetes, atherosclerosis, Parkinson's disease, Alzheimer's disease. The content of secondary metabolites in mangroves has the potential to prevent various diseases. Several methods commonly used to estimate the presence of antioxidants in plants include DPPH (2,2-diphenyl-1-picrylhydrazyl), FRAP (ferrous reducing antioxidant power), and ABTS (2,2-azinobis-3-ethylbenzothiazole-6-sulfonic acid). The results of recent studies showed that some mangrove plants have antioxidant activity including: *Rhizophora mucronata*, *Nypa fruticans*, *Avicennia marina*, *Sonneratia alba*, *Acanthus ilicifolius L*, *Acrostichum aureum* dan *Scaevola taccada*. Mangrove plants that have the highest IC₅₀ value were found in leaves (methanol extract). The antioxidant activity of mangrove plants is caused by the presence of secondary metabolites contained in the extract such as flavonoids, phenolics, saponins, and tannins.

Keywords: Free radicals, Antioxidant, mangrove

Introduction

Free radicals are defined as molecules or molecular fragments containing one or more unpaired electrons in their outmost atomic or molecular orbitals [1]. An unpaired electron results in certain common properties that are shared by most radicals. Many radicals are unstable and highly reactive. Free radicals are divided into two types known as ROS (reactive oxygen species) and RNS (reactive nitrogen species). In the human body, free radicals come from endogenous and exogenous sources [3]. The exogenous sources include mainly environmental radiations and man-made sources while endogenous such as respiration, phagocytosis, intoxication, and fatty acid metabolism [4]. Around 10000-20000 free radicals attacking every cell every day including for health which enables the human body to fight inflammation, kill bacteria, controls smooth muscles which regulate the proper functioning of internal organs and blood vessels [1].

Antioxidants are divided into two types of natural antioxidants and synthetic antioxidants. Natural antioxidants come from fruits and plants while synthetic antioxidants such as BHA (butylated hydroxy aniline) and BHT (butylated toluene) have a carcinogenic effect, therefore the use of natural antioxidants has increased and is considered safer because it comes from natural ingredients [5].



Antioxidants are substances that are at low concentrations compared with the oxidizable substrate, significantly inhibit or prevent oxidation of the substrate. The term oxidizing substrate includes almost everything found in living cells including lipids, proteins, and DNA [6]. An antioxidant is a molecule that can prevent or slow the oxidation of macromolecules. The role of antioxidants is to lower or terminate these chain reactions by removing free radicals or inhibiting other oxidation reactions by being oxidized themselves. So, antioxidants are often reducing agents [7].

Mangroves are plants that are rich in bioactive compounds and can be used as an antioxidant [8]. The mangrove forest is a forest species that are along the coast or a river that is affected by the tide. mangroves have the potential as a high source of bioactive compounds such as polyphenols, flavonoids, anthocyanins, vitamins, antibiotics, and antioxidants [9].

Several mangrove species exhibit antioxidant activity such as *Rhizophora mucronata*, *Avicennia marina*, *Sonneratia alba*, *Sonneratia caseolaris* L, *nypa fructicaris*, *Acantus ilicifoliu*, *Acrostichum aureum*, *Ceriops decandra*, *Aegiceras corniculatum* L, *Bruguiera cylindrical*, *Kandelia candel*, *Rhyzophora stylosa*, *Xylocarpus moluccensis*, *Scaevola taccada*, *Hirietera Fomes*.

The efficacy of mangrove plants as medicine has been widely used by the community, to treat diabetes, hypertension, wounds, digestive disorders, and cancer. The parts of the mangrove plant that are used as treatment are leaves, fruit, and sap [10]. Secondary metabolites in mangroves are known to have pharmacological activity or treat various diseases. All the pharmacological effects found in mangrove plants cannot be separated from their role as antioxidants.

Data Collection

This review article was created using literature study techniques by finding sources or literature in the form of primary data were collected from pharmaceutical official books or national and international journals in the last 20 years (2000-2020). The literature was collected from trusted online journal sites such as Google Scholar, Elsevier, and other E-resource with the keywords “mangrove” and “antioxidant”.

Analysis Method

DPPH Method (2,2-diphenyl-1-picrylhydrazyl)

DPPH is a free radical that can react with a compound that donates a hydrogen atom can be useful to test the antioxidant activity. DPPH is the most commonly used method to measure the antioxidant activity of plants. In addition, the DPPH method is very simple, inexpensive, accurate, and fast to test the ability of radical compounds [11].

FRAP Method (Ferric Reducing Antioxidant Power)

The FRAP method is a method that was used for testing antioxidants in plants. This method can determine the antioxidant content using spectrophotometry. The FRAP method has several advantages such as easy to create a reagent, cheap, fast and simple. This method can determine the total antioxidant content of a material based on the ability of the compound to reduce Fe^{3+} ions to Fe^{2+} , therefore the antioxidant capacity of the compound is the same as the ability to reduce the compound [12].

ABTS Method (2,2 -Azinobis -3-ethylbenzothiazoline-6-sulphonic acid)

ABTS is a radical compound containing a nitrogen atom. Measurement of antioxidant activity was carried out based on the removal of the color of ABTS which was originally blue-green but would turn colorless when reduced by free radicals. This method can measure the number of free radicals with a fairly high level of sensitivity. ABTS method have several advantages such as easy to repeat, simple, fast and effective [13]. Antioxidant activity of various species of mangrove plants as shown in table 1.

Table 1. Antioxidant Activities of Various Species of Mangrove Plants

No	Species	Part of plant	Extract/Fraction	Concentration	Test method	Result	Reff
1.	<i>Sonneratia caseolaris</i>	Leaf	Etanol extract Non polar fraction Semi polar fraction Polar fraction	60,70,80,90 and 100 ppm	FRAP	6.37 mgAAE/g 5.35 mgAAE/g 6.59 mgAAE/g 5.96 mgAAE/g	[14]
2.	<i>Rhizophora mucronata</i>	Leaf	Methanol extract Ethylacetate extract N-hexane extract	50, 100, 150, 200, 250, 300, 350, 400 ppm	DPPH	113.41 ppm 184.78 ppm 151.13 ppm	[15]
3.	<i>Nypa fruticans</i>	Leaf Seed	Ethylacetate extract Methanol extract N-hexane extract N-hexane fraction Ethylacetate fraction Methanol fraction	1000 ppm	DPPH	26.81±1.75 ppm 17.72±0.107 ppm 52.86±2.849 ppm 22.03±0.74 ppm 24.67±0.41 ppm 22.91±2.04 ppm	[16]

4.	<i>Avicennia marina</i>	Leaf	Methanol extract	31, 25, 62.5, 125, 250 ppm	DPPH	123.23 ppm	[17]
		Bark	Methanol extract			198.15 ppm	
5.	<i>Sonneratia alba</i>	Leaf	Methanol extract	20, 40, 60, 80 %	DPPH	39.95 ppm	[18]
6.	<i>Acanthus ilicifolius L.</i>	Leaf	N-hexane extract Ethyl acetate extract Ethanol extract	20, 40, 60, 80 dan 100 ppm.	DPPH	361.730 µg / ml 162.512 µg / ml 34.659 µg / ml	[19]
7.	<i>Acrostichum aureum</i>	Leaf	Methanol extract	12,5; 25; 50; 100 dan 200 ppm		DPPH	
8.	<i>Ceriops decandra</i>	Bark	Ethanol extract	5, 10, 20, 40, 60, 80, 100 µg / ml	DPPH	12.90 ±0.972 µg / ml	[21]
9.	<i>Aegiceras corniculatum L</i>	Leaf	Methanol extract	100, 150, dan 200 µg / ml	DPPH	55.77 µg / ml	[22]
			Water extract			58.43 µg / ml	
			Ethyl acetate extract			59.73 µg / ml	
			Petroleum ether extract			328 µg / ml	
		Bark	Methanol extract	80.73 µg / ml			
			Water extract	82.02 µg / ml			
		Petroleum ether					

			extract			201 $\mu\text{g} / \text{ml}$	
		Leaf	Water extract Methanol extract		ABTS	84.38 $\mu\text{g} / \text{ml}$ 89.33 $\mu\text{g} / \text{ml}$	
		Bark	Water extract Methanol extract			87.89 $\mu\text{g} / \text{ml}$ 102.34 $\mu\text{g} / \text{ml}$	
		Leaf	Ether extract		H_2O_2	93.59 $\mu\text{g} / \text{ml}$	
			Water extract			97.07 $\mu\text{g} / \text{ml}$	
		Bark	Methanol extract Ethyl acetate extract			95.05 $\mu\text{g} / \text{ml}$ 93.44 $\mu\text{g} / \text{ml}$	
10.	<i>Bruguiera cylindrical</i>	Bark	Methanol extract	5-1000 $\mu\text{g} / \text{ml}$	DPPH	5.5 \pm 0.58 mg/ ml	[23]
					ABTS	10 \pm 0.02 mg/ml	
11.	<i>Kandelia candel</i>	Leaf	Acetone extract Petroleum ether fraction Fraction ethyl acetate Water fraction	50,100, 150, 200, 250 $\mu\text{g} / \text{ml}$	DPPH	115.67 \pm 2.91 $\mu\text{g} / \text{ml}$ 153.48 \pm 3.22 $\mu\text{g} / \text{ml}$ 124.19 \pm 3.02 $\mu\text{g} / \text{ml}$ 132.04 \pm 2.16 $\mu\text{g} / \text{ml}$	[24]
					FRAP	4.18 \pm 0.36 mmolAAE/g	

						2.99±0.27 mmolAAE/g 4.39±0.17 mmolAAE/g 3.69±0.04 mmol AAE/g	
12.	<i>Rhizophora stylosa</i>	Leaf Root	Methanol extract Ethylacetate extract, N-hexane extrac Methanol extract	5, 10, 15, 20, 25, 30 µg /ml	DPPH	5.01 ppm 8.51 ppm 33.14 ppm 2.55 ppm	[25]
13.	<i>Xylocarpus moluccensis</i>	Bark	Methanol extract	10, 25, 50, 75, 100 ppm	DPPH	26.189 ppm	[26]
14.	<i>Scaevola taccada</i>	Leaf Fruit	Methanol extract Chloroform extract Chloroform extract Methanol extract	200, 400, 600 ppm	DPPH	0.1034 ppm 0.1944 ppm 0.4640 ppm 0.4653 ppm	[27]
15.	<i>Hirietera Fomes</i>	Leaf	Acetone extract	25- 200 µg / ml	DPPH H ₂ O ₂	182.43 µg / ml 71.991 µg / ml	[28]

Crabapple mangrove (*Sonneratia caseolaris*) has bioactive compounds such as flavonoids, steroids, phenol hydroquinone, and tannins [29]. *Sonneratia caseolaris* has antioxidant activity based on testing using the FRAP method. This method can be used to test the antioxidant activity of plants. The FRAP method has several advantages such as cheap, easy to create a reagent, cheap, simple, and fast [30]. The principle of this FRAP

method is the ability of antioxidant compounds to reducing Fe³⁺ ions to Fe²⁺. The antioxidant ability of a compound is analogous to the reducing ability of the compound [31]. The results of the study of antioxidant activity of ethanol extract of leaves of semipolar and polar fraction showed a value of 5:35; 6.59; and 5.96 mgAAE/g [14].

Rhizophora mucronata is a type of mangrove that has the potential as a source of natural antioxidants. Antioxidant activity was measured by using the DPPH method. The DPPH test on the methanol extract of *Rhizophora mucronata* leaves had an IC₅₀ value of 151.41 ppm, ethyl acetate extract 187.78 ppm, and n-hexane extract 151.13 ppm. based on the results of these studies the methanol extract of the leaves has the highest antioxidant activity compared to the ethyl acetate extract and n-hexane. This is related to the chemical content in each extract such as the total phenolic content, chlorophyll A, chlorophyll B, and carotenoids [15].

Nypa fruticans have antioxidant activity based on DPPH testing. DPPH test on ethyl acetate extract of nipa leaves showed an IC₅₀ value of 26.81 ± 1.75 ppm, while the n-hexane fraction from nipa seeds IC₅₀ value was 22.03±0.74 ppm. The results of this study showed that the methanol extract of Nipah leaves has high antioxidant activity with an IC₅₀ value of 17.72 ppm [16].

The antioxidant activity of *Avicennia marina* was tested on leaves and bark using the DPPH method. Leaves and bark were extracted with methanol solvent. The results showed that the methanol extract of *Avicennia marina* leaves showed the highest IC₅₀ value of 123.23 ppm, while the methanol extract of *Avicennia marina* bark showed the lowest IC₅₀ value of 198.15 ppm [17]. *Avicennia marina* contains bioactive compounds can be used to treat a variety of diseases such as antioxidants, anticonvulsant, anti-inflammatory and antiallergic [32].

Sonneratia alba contains secondary metabolites, namely flavonoids that can act as antioxidants. The antioxidant activity of *Sonneratia alba* leaf extract was carried out by DPPH assay. The DPPH test on the methanol extract of *Sonneratia alba* leaves has an IC₅₀ value of 39.95 ppm. Therefore, methanol extract of *Sonneratia alba* leaf can counteract or inhibit free radicals [18].

Acanthus ilicifolius L. is known to contain bioactive compounds such as flavonoids, steroids, terpenoids, and ligands [33]. Antioxidant activity of *Acanthus ilicifolius* L leaves using the DPPH method. The DPPH test on the n-hexane extract of daruju leaves showed an IC₅₀ value of 361,730 g/mL, ethyl acetate extract had an IC₅₀ value of 162,512 g/mL, while the ethanol extract of daruju leaves had an IC₅₀ value of 34,659 g/mL. The results of this study indicate that the ethanol extract of daruju leaves has the highest antioxidant activity compared to n-hexane extract and ethyl acetate extract [19].

Acrostichum aureum contains chemicals such as phenolics, flavonoids, and antioxidants [34]. The antioxidant activity of the ethanolic extract of *Acrostichum aureum* leaves was tested using the DPPH method. The results showed the highest IC₅₀ value was 29.5303 ppm [20].

The antioxidant activity of *Ceriops decandra* bark was tested using the DPPH method. *Ceriops decandra* bark was extracted with ethanol. The results showed that the antioxidant activity of the ethanol extract of *Ceriops decandra* bark with an IC₅₀ value of 12.90 µg/ml. This is due to the presence of flavonoids and tannins in *Ceriops decandra* plants which affect antioxidant activity [21].

Aegiceras corniculatum L. (leaves and bark) were tested for antioxidant activity using various methods such as DPPH, ABTS, and H₂O₂. The leaves and bark of *Aegiceras corniculatum* L. were extracted with several solvents such as methanol, water, ethyl acetate, and petroleum ether. The results of the DPPH method showed that the methanol, water, ethyl acetate, and petroleum ether extracts of leaves were EC₅₀: 55.77; 58.43; 59.73; 328 g/ml, respectively. Methanol, water, and petroleum ether extracts of bark showed an EC₅₀ value of 80.73;



82.02; and 201 g/ml. The ABTS test showed water and methanol extract of leaves of *Aegiceras corniculatum* L. with EC₅₀ values of 84.38 and 89.33 g/ml and water and methanol extract of bark with EC₅₀ value 87.89 and 102.34 g/ml. While the H₂O₂ method of petroleum ether, water, and methanol extract of leaf obtained the EC₅₀ value of 93.59, 97.07, and 95.05 g/ml. the ethyl acetate extract of the bark showed the value of EC₅₀ 93.44 ug/ml. The results showed that the antioxidant activity of the methanol and ethyl acetate extracts showed the highest antioxidant activity, while the petroleum ether extract showed the lowest antioxidant activity [22].

Bruguiera cylindrical bark was tested for antioxidant activity using DPPH and ABTS methods. *Bruguiera cylindrical* bark contains flavonoid and phenolic compounds. *Bruguiera cylindrical* bark extracted using methanol. The antioxidant activity of methanol extract from *Bruguiera cylindrical* bark showed DPPH EC₅₀ values of 5.5 ± 0.58 g/ml and ABTS 10 ± 0.02 g/ml. The results of the study reported that the methanol extract of *Bruguiera cylindrical* bark showed high results against the antiradical activity of DPPH [23]. To determine the antioxidant activity of plants, the DPPH free radical method is commonly used. DPPH is a stable free radical and is also commonly used to evaluate the antioxidant activity of several compounds or natural materials. The purpose of this method is a concentration parameter that gives the effect of 50% (IC₅₀).

The antioxidant activity of *Kandelia candel* was investigated by DPPH and FRAP assays. Acetone extract and its fractions from petroleum ether, water, and ethyl acetate of *Kandelia candel* leaves tested by DPPH assay showed that 70% acetone extract had an antioxidant activity with an IC₅₀ value of 115.67 ± 2.91 g/ml, petroleum ether fraction IC₅₀ 153.48 ± 3.22 g/ml, ethyl acetate fraction IC₅₀ 124.19 ± 3.02 g/ml and water IC₅₀ 132.04 ± 2.1 g/ml, while the FRAP test of 70% acetone extract obtained values of 4.18 ± 0.36 mmol AAE/g, petroleum ether 2.99 ± 0.27 , ethyl acetate 4.39 ± 0.17 and water 3.69 ± 0.04 mmol AAE/g. The results showed that all extracts and fractions had high antioxidant activity values [24].

Rhizophora stylose contains alkaloids, flavonoids, tannins, saponins which can be used as antibacterial and antioxidants [36]. Antioxidant activity of leaf and root of *Kandelia candel* plant were investigated by the DPPH method. DPPH test on methanol extract of *R. stylosa* leaves showed an EC₅₀ value of 5.01 ppm, ethyl acetate extract 8.51 ppm, and n-hexane extract an EC₅₀ value of 33.14 ppm, while the methanol extract of *R. stylose* roots showed an EC₅₀ value of 2.55 ppm. This result showed that the extracts of red mangrove leaves and roots have high antioxidant activity [25].

Xylocarpus moluccensis contains phenolic compounds such as flavonoids and saponins. The antioxidant activity of the methanol extract of *Xylocarpus moluccensis* bark was tested using the DPPH method. DPPH test on methanol extract of *Xylocarpus moluccensis* bark has highly reactive antioxidant with an IC₅₀ value of 26,189 ppm. These results indicate that the methanol extract of mangrove bark has a very strong antioxidant activity with an IC₅₀ value of <50 ppm [26].

Antioxidant activity of *Scaevola taccada* leaves and fruits were investigated by DPPH assay. *Scaevola taccada* leaves and fruits were extracted with methanol and chloroform as solvents. *S. taccada* contains phenolic compounds. Other compounds contained in *S. taccada* include amino acids, glycosides, carbohydrates, and proteins. DPPH test on methanol extract from *S. taccada* leaves showed an IC₅₀ value of 0.1034 ppm and chloroform extract had an IC₅₀ value of 0.1944 ppm. While the methanol extract from *S. taccada* fruit had an IC₅₀ value of 0.4653 ppm and the chloroform extract had an IC₅₀ value of 0.4640 ppm. The results of the study reported that the methanol extract of *S. taccada* leaves had high antioxidant activity. Good antioxidants are antioxidants that have IC₅₀ values of less than 200 ppm [27].

Heritiera fomes belongs to the family Malvaceae that contains phenolic and flavonoid compounds. The antioxidant activity of *Heritiera fomes* leaves was extracted in acetone was estimated by DPPH and hydrogen peroxide (H₂O₂). The acetone extract of *H. fomes* leaves has shown antioxidant activity against DPPH with



IC₅₀ of 182.43 µg/ml, while the hydrogen peroxide test shows an IC₅₀ value of 71,991 g / ml. *Heritiera fomes* leaves have a free radical scavenging effect that has the potential as a strong antioxidant [28].

Conclusion

Antioxidants are inhibitors that can prevent or slow cell damage caused by free radicals. Several methods commonly used to estimate the presence of antioxidants in plants include DPPH (2,2-diphenyl-1-picrylhydrazyl), FRAP (ferrous reducing antioxidant power), and ABTS (2,2-azinobis-3-ethylbenzothiazole-6-sulfonic acid). Leaves of mangrove plants that have high antioxidant activity, as evidenced by the DPPH assay including *Rhizophora mucronata*, *Nypa fruticans*, *Avicennia marina*, *Sonneratia alba*, *Acanthus ilicifolius* L, *Acrostichum aureum* dan *Scaevola taccada*. A low value of inhibition concentration of 50% (IC₅₀) indicates a higher antioxidant activity. The antioxidant activity of mangrove plants is caused by the presence of secondary metabolites contained in the extract such as flavonoids, phenolics, saponins, and tannins.

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